

**Division of Elderly Affairs
Louis Pasteur Building-2nd Floor
57 Howard Avenue
Cranston, RI 02920**

The **Division of Elderly Affairs (DEA)** is responsible for the development of community-based services and programs that encourage independence and preserve the dignity of seniors and adults with disabilities. DEA is also designated as the state’s single planning and service area agency on aging under the provisions of the Older Americans Act.

Main Telephone Number.....	462-3000
Hearing Impaired (TTY).....	462-0740
Administration.....	462-0501
Elder Protective Services.....	462-0555
Health Insurance Counseling.....	462-0510
Home & Community Care.....	462-0570
Media & Communications.....	462-0509
Web Site.....	www.dea.ri.gov

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THE POINT NETWORK PROGRAM

The Rhode Island Division of Elderly Affairs (DEA), in cooperation with its community partners, has developed a new concept in elder care services. **THE POINT Network Program (PNP)** is designed to bring information, referral, and long-term care options counseling, as well as the most effective health care service and service delivery under one roof. The **PNP** initiative brings together the regional Aging and Disability Resource Centers (ADRCs), Senior Health Insurance Program (SHIP), Senior Medicare Patrol Program (SMP), and Medicare Improvement for Patients and Providers Act (MIPPA). The regional integration of these core services ensures that seniors, adults with disabilities, families, and caregivers receive essential and timely information that is consistent, culturally appropriate, and in their own communities. The six regional agencies and their service areas are:

Region 1: Tri-Town Community Action Agency

1126 Hartford Avenue, Johnston, RI 02919

709-2635.....www.tri-town.org

Burrillville, Cranston, Cumberland, Foster, Glocester, Johnston,
North Providence, North Smithfield, Scituate, Smithfield,
Woonsocket

Region 2: Westbay Community Action Program

224 Buttonwoods Avenue, Warwick, RI 02886

732-4660.....www.westbaycap.org

Coventry, East Greenwich, Warwick, West Warwick

THE POINT NETWORK PROGRAM

Region 3: South County Community Action, Inc.

1935 Kingstown Road, South Kingstown, RI 02879

789-3016.....www.sccainc.org

Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham
(Block Island), North Kingstown, Richmond, South Kingstown,
Westerly

Region 4: THE POINT, United Way/2-1-1

50 Valley Street, Providence, RI 02909

462-4444.....www.uwri.org

Providence

St. Martin dePorres Center

160 Cranston Street, Providence, RI 02907

274-6783.....www.diocesepvd.org

Providence

Region 5:

East Bay Community Action Program

100 Bullocks Point Avenue, East Providence, RI 02915

437-1000.....www.ebcap.org

Barrington, Bristol, Central Falls, East Providence, Pawtucket,
Warren

Region 6: Child & Family Services of Newport County

31 John Clarke Road, Middletown, RI 02842

848-4185.....www.childandfamilyri.com

Jamestown, Little Compton, Middletown, Newport, Portsmouth,
Tiverton

INFORMATION AND REFERRAL AGENCIES

The **Eldercare Locator** is a nationwide service to help families and friends find information about community services for older people anywhere in the United States and its territories. Information is available in 150 languages.

1-800-677-1116.....www.eldercare.gov

Rhode Island Department of Human Services

Ask Rhody is an information service from the State of RI Executive Office of Health and Human Services with the goal of increasing access to services.....www.askrhody.org

Rhode Island Division of Elderly Affairs is an information and referral resource for seniors, adults, with disabilities, families and caregivers for programs and services that promote their independence and preserve their dignity.

462-3000.....462-0740 (TTY).....www.dea.ri.gov

Regional Aging and Disability Resource Centers (ADRCs) are focal points for information and referral services about community-based long-term care programs and long-term care options counseling. For a listing of local ADRC agencies, see the **POINT Network** information in this guide.

United Way/2-1-1

50 Valley Street, Providence, RI 02909

211.....519-0374 (TTY).....444-0600

1-800-367-2700 (Toll-free, out-of-state).....www.uwri.org

ADDICTION RESOURCES

Alcoholics Anonymous

1-800-439-8860.....www.aa.org

RI Alcoholics Anonymous

438-8860.....www.rhodeisland-aa.org

The Anchor Recovery Community Center

249 Main Street, Pawtucket, RI 02860

890 Centerville Road, Warwick, RI 02886

Provides a safe place for people in to share their journey of recovery from addiction. Anchor also sponsors a Telephone Recovery Support Program.

721-5100.....www.anchorrecovery.org

CODAC, 1052 Park Avenue, Cranston, RI 02910, provides treatment, recovery and prevention services for persons struggling with substance abuse, gambling disorders, or other behavioral healthcare issues. With locations in Providence, Newport, South County and East Bay.

461-5056.....www.codacinc.org

Narcotics Anonymous

1-818-773-9999.....www.na.org

The Greater Providence Area of Narcotics Anonymous

1-866-624-3578.....www.gpana.org

ADDICTION RESOURCES

Problem Gambling

Gamblers Anonymous:

1-888-GA-HELPS (1-888-424-3577)

www.gamblersanonymous.org

RI Problem Gambling Helpline...1-877-9-GAMBLE (1-877-942-6253)

RI Council on Problem Gambling.....248-5606

*National Problem Gambling Helpline.....1-800-522-4700(call or text)
chat: ncpgambling.org/chat*

Rhode Island Hospital Problem Gambling Treatment Program

235 Plain Street, Providence, RI 02905

444-7036.....www.rhodeislandhospital.org

**Rhode Island Department of Behavioral Health Care,
Developmental Disabilities and Hospitals (BHDDH)**

Barry Hall, 14 Harrington Road, Cranston, RI 02920

462-2339.....www.bhddh.ri.gov

Rhode Island Department of Health (HEALTH)

Smokers Quit Line.....1-800-QUIT-NOW (1-800-784-8669)

www.health.ri.gov.....www.quitnowri.com

ADULT DAY HEALTH SERVICES

Licensed adult day care centers provide frail and functionally challenged adults, including those with Alzheimer's disease and other dementias, with care and supervision in a safe environment. Services include therapeutic recreation and health services, and respite for caregivers.

Bristol: Cornerstone Adult Services

172 Franklin Street, Bristol, RI 02809

254-9629.....www.stelizabetchcommunity.org

Coventry: Cornerstone Adult Services

60 Wood Street, Coventry, RI 02816

822-6212.....www.stelizabetchcommunity.org

Cranston: Cranston Adult Day Services

1070 Cranston Street, Cranston, RI 02920

780-6243.....www.cranstonri.com

Cranston: Hope Alzheimer's Center

25 Brayton Avenue, Cranston, RI 02920

946-9220.....www.hopealzheimerscenter.org

Cranston: Victoria Court Adult Day Services

55 Oaklawn Avenue, Cranston, RI 02920

519-0260.....www.pacificacranston.com

Little Compton: Cornerstone Adult Services/Nancy Brayton Osborn Adult Day Center

115 East Main Road, Little Compton, RI 02837

592-0465.....www.stelizabetchcommunity.org

ADULT DAY HEALTH SERVICES

Middletown: Forest Farm Adult Day Services

193 Forest Avenue, Middletown, RI 02842

847-2777.....www.forestfarmhealthcare.com

North Providence: Fruit Hill Adult Day Service Center for the Elderly

399 Fruit Hill Avenue, North Providence, RI 02911

353-5805.....www.fruithilladulday.org

Pawtucket: New Horizons Adult Care Health Center

426 Main Street, Pawtucket, RI 02860

727-0950.....www.mhri.org/new-horizons

Providence: Elmwood Adult Day Care Healthcare

209 Elmwood Avenue, Providence, RI 02907

421-6300.....www.eadhc.com

Providence: To Life Center Adult Day Services

100 Niantic Avenue, Providence, RI 02907

351-2440.....www.jsari.org

Providence: Program of All Inclusive Care for the Elderly (PACE)

225 Chapman Street, Providence, RI 02905

490-6566.....1-877-781-PACE(7223).....www.pace-ri.org

Smithfield: Dora C. Howard Centre

715 Putnam Pike, Smithfield, RI 02828

949-3890.....www.tri-town.org

Smithfield: Generations Adult Day Health Center

267 Jenckes Hill Road, Smithfield, RI 02917

725-6400.....www.generationsri.com

ADULT DAY HEALTH SERVICES

South Kingstown: South Kingstown Adult Day Services

283 Post Road, South Kingstown, RI 02879

783-8736.....www.southkingstownri.com

Warren: Adult Day Health Center at the Willows

47 Barker Avenue, Warren, RI 02885

245-2323.....www.gracebarkerandthewillows.com

Warwick: Celebrations Adult Day Services at Tamarisk

3 Shalom Drive, Warwick, RI 02886

732-0037.....www.tamariskri.org

Warwick: Cornerstone Memory Care Care Center

140 Warwick Neck Avenue, Warwick, RI 02889

738-8295.....www.stelizabetchcommunity.org

Warwick: Cornerstone Apponaug Day Center

3270 Post Road, Warwick, RI 02886

739-2847.....www.stelizabetchcommunity.org

Westerly: Adult Day Center of Westerly

5 Union Street, Westerly, RI 02891

596-1336.....www.adultdaycenterofwesterly.com

Woonsocket: Alternative Adult Care

84 Social Street, Woonsocket, RI 02895

766-3734.....www.seniorservicesri.org

Woonsocket: Seven Hills Rhode Island Adult Day Health Center

80 Fabien Street, Woonsocket, RI 02895

775-3841.....www.sevenhills.org

ADVOCACY

AARP-Rhode Island, 10 Orms Street, Providence, RI 02908, is a non-profit, non-partisan organization for persons 50 and older. AARP lobbies for seniors at the federal and state government for programs and services that enhance their quality of life.

1-866-OUR-AARP (687-2277).....www.aarp.org

The **Rhode Island Governor's Advisory Commission on Aging** advises the Governor and the Director of the Division of Elderly Affairs regarding issues and problems affecting elders and adults with disabilities.

462-0509.....www.dea.ri.gov

The **Alliance for Better Long Term Care**, 422 Post Road, Suite 204, Warwick, RI 02888, advocates, mediates, and helps to solve problems for residents of nursing homes, assisted living facilities, and those receiving home care or hospice services. The state ombudsman is also responsible for investigating complaints of inadequate care and abuse suffered by elders and adults with disabilities who are using long-term care services. All reports of abuse and neglect are confidential.

785-3340.....1-888-351-0808.....www.alliancebltc.com

Paul V. Sherlock Center on Disabilities at RI College- Family Voices sponsors a network created by families for families of children and adults with special needs. The organization offers opportunities for families to connect and support one another, and to share experiences and information.

1-800-464-3399, X 139.....www.ric.edu/sherlockcenter

ADVOCACY

The Rhode Island Parent Information Network, RIPIN) 1210 Pontiac Avenue, Cranston, RI 02920, provides information, support, and training to empower parents, families, individuals, and family-serving professionals to become effective advocates for themselves and the people in their care.

270-0101.....1-800-464-3399.....www.ripin.org

The **George Wiley Center**, 32 East Avenue, Pawtucket, RI 02860, is a statewide group actively committed to local community organizing to create social and economic justice through changes in public policy. Specifically, they work on issues such as hunger, utility shut-offs, and jobs placement. They are concerned with issues related to children, families, seniors, and adults with disabilities.

728-5555.....www.georgewileycenter.org

The **Gray Panthers**, 133 Mathewson Street, Providence, RI 02903, work for social and economic justice and peace for all people. The organization seeks to create a humane society that puts the needs of people over profits, responsibility over power, and democracy over institutions.

1-800-280-5362

PAL, 96 Rolfe Square, Cranston, RI 02910, is a statewide, not-for-profit organization that was built on the need to support and empower families and people with disabilities as they advocate for themselves.

785-2100.....1-800-745-5555 (TTD)

ADVOCACY

Parents, Families and Friends of Lesbians and Gay (PFLAG) is a support organization that helps parents of gays and lesbians to understand and accept their children. The Greater Providence Chapter meets monthly.

307-1802.....www.pflagprovidence.org

The **Senior Agenda Coalition of Rhode Island**, 70 Bath Street, Providence, RI 02908, is a diverse group of activists and organizations that educate the community to improve the quality of life for older Rhode Islanders. The **Senior Agenda Coalition** focuses on issues, legislation, and policies of public and private institutions that affect Rhode Island seniors.

952-6527.....www.senioragendari.org

Services and Advocacy for Gay, Lesbian, Bisexual and Transgendered Elders (SAGE/RI), 235 Promenade Street, Suite 500, Providence, RI 02908, promotes, empowers, and contributes to the quality of life for its constituents through service, advocacy, and education.

528-3259.....www.sageusa.org

ALZHEIMER'S DISEASE

More than 25,000 Rhode Island residents are living with Alzheimer's disease or a related dementia. Alzheimer's robs the individual of memory, basic functions, and ultimately life. Alzheimer's disease also takes a toll on family caregivers as they deal with the consequences of dementia, in terms of lost or less productive work time, damage to their physical and emotional health, a threat to their financial security, and constant stress. The Long Term Care Coordinating Council has developed a State Plan for Alzheimer's disease and related disorders. The plan is available at www.ltgov.ri.gov.

The **Alzheimer's Association, Rhode Island Chapter**, 245 Waterman Avenue, Providence, RI 02906, is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.

421-0008.....www.alz.org/ri
24 Hour/7 Day Helpline.....1-800-272-3900

CAREGIVER SUPPORT PROGRAMS

The **National Family Caregiver Support Program (NFCSP)** works in partnership with community based-agencies serving seniors to develop and provide basic services to support families who are taking care of seniors.

202-619-0724.....www.aoa.gov
New England Regional Office.....617-565-1158

Parent Support Network of Rhode Island, 535 Centerville Road, Suite 202, Warwick, RI 02886, works with families to promote social and emotional well-being for children and families.

467-6855.....www.psnri.org

Respite is planned or emergency care that provides temporary relief to family caregivers of age 60 and older. The **CareBreaks Program** assists caregivers taking care of family members. Some volunteers may be available. If needed, **CareBreaks** may also help to pay part of the cost for **respite** provided by approved agencies. For information, contact the Diocese of Providence, One Cathedral Square, Providence, RI 02903.

421-7833.....www.dioceseofprovidence.org

The **Rhode Island TimeBank Initiative** works with partners across the state to build support networks of individuals, children, youth, families, and communities across the state. For every hour that a person assists an individual or group, he/she earns a Time Dollar. They can then use that Time Dollar to receive an hour of a neighbor's time or engage in a group activity offered by a neighbor. For more information, contact the Rhode Island Parent Support Network at 467-6855, or go to www.psnri.org.

CASE MANAGEMENT

Case Management programs provide assessment and care planning to assist Rhode Islanders, 60 and older, who meet certain requirements, to remain at home for as long as possible.

Child and Family Services of Newport County, 31 John Clarke Road,
Middletown, RI 02842

849-2300.....www.childandfamilyri.com

Jamestown, Little Compton, Middletown, Newport, Portsmouth,
Tiverton

Child and Family Services, Providence, 1268 Eddy Street,
Providence, RI 02905

781-3669.....www.childandfamilyri.com

Providence

East Bay Community Action Program

100 Bullocks Point Avenue,
East Providence 02915

847-7821.....www.ebcap.org

Barrington, Bristol, Central Falls, East Providence, Pawtucket,
Warren

South County Community Action, 1935 Kingstown Road, South
Kingstown, RI 02879

789-3016.....www.sccainc.org

Block Island, Charlestown, Exeter, Hopkinton, Narragansett, North
Kingstown, Richmond, South Kingstown, Westerly

CASE MANAGEMENT

Tri-Town Community Action Program, Inc.

1126 Hartford Avenue, Johnston, RI 02919

351-2750.....www.tri-town.org

Burrillville, Cranston, Cumberland, Foster, Glocester, Johnston,
Lincoln, North Providence, North Smithfield, Scituate, Smithfield,
Woonsocket

Westbay Community Action

224 Buttonwoods Avenue, Warwick, RI 02886

732-4660.....www.westbaycap.org

Coventry, East Greenwich, Warwick, West Greenwich, West
Warwick

CHRONIC DISEASE MANAGEMENT

Chronic diseases such as diabetes, heart problems, respiratory illness, arthritis, or long term emotional health issues have a negative impact on the quality of life for seniors and adults with disabilities. These organizations help persons affected by these conditions get the education and support they need to manage their disease and live a better life.

The **Alzheimer’s Association, Rhode Island Chapter**, 245 Waterman Avenue, Providence, RI 02906, is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.

24/7 Helpline: 1-800-272-3900.....www.alz.org

The American Cancer Society, Rhode Island Chapter, 931

Jefferson Blvd., Suite 3004, Warwick, RI 02886, is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem.

1-800-227-2345.....www.cancer.org

The American Diabetes Association, New England Chapter, 10 Spleen Street, 2nd Floor, Framingham, MA 01701, seeks to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

617-482-4580.....www.diabetes.org

The **American Heart Association, Rhode Island Chapter**, One State Street, Suite 200, Providence, RI 02908, is a non-profit organization that concentrates its efforts on cardiac care to try to reduce disability and deaths caused by cardiovascular disease and stroke.

228-2320.....www.heart.org

CHRONIC DISEASE MANAGEMENT

The American Parkinson's Disease Association, Rhode Island Chapter, 455 Toll Gate Road, Warwick, RI 02886, serves the patients and caregivers of Rhode Island and South Eastern Massachusetts through the information and referral center at Kent Hospital, and a number of support groups across the state.
736-1046.....www.riapda.org

The **Arthritis Foundation of Rhode Island**, 2348 Post Road, Suite 104, Warwick, RI 02886, seeks to improve the lives of 66 million Americans through prevention, treatment, control, and cure of arthritis and related diseases.
739-3773.....www.arthritis.org

The **Chronic Disease Self-Management Program-Living Well Rhode Island** teaches people how to manage their chronic disease conditions, and chronic pain, chronic pain self-management and to live a better life. In Rhode Island, call the Department of Health Information Line.
222-5960.....www.health.ri.gov

Down Syndrome Society of Rhode Island, 4635 Post Road, Warwick, RI 02818, is dedicated to promoting the rights, dignity, and potential of all individuals with Down Syndrome through advocacy, education, public awareness, and support.
463-5751.....www.dssri.org

The **Mental Health Association of Rhode Island**, 185 Dexter Street, Pawtucket, RI 02860, provides information and referral for mental health services and support groups.
726-2285.....www.mhari.org

CHRONIC DISEASE MANAGEMENT

The **Muscular Dystrophy Association, Rhode Island Chapter**, 931 Jefferson Blvd., Suite 1005, Warwick, RI 02886, provides financial assistance to repair durable medical equipment. The agency also runs an equipment loan program, has a medical clinic, sponsors a summer camp for children and also provides family-friendly accessible activities

732-1910.....www.mda.org/office/rhode-island

National Organization for Rare Disorders, Inc. works toward the prevention, treatment, and cure of rare diseases. It provides links to resources, information and programs, including medication assistance programs.

1-800-999-6673.....www.rarediseases.org

The **Rhode Island Council of Community Mental Health Organizations**, 249 Roosevelt Avenue, Suite 202, Pawtucket, RI 02860, represents community mental health sites that assist individuals seeking information and referral about treatment.

228-7990.....www.riccmho.org

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** fights against the stigmatization of people with developmental disabilities, mental illness, substance use disorders, and addictions. For information on developmental disabilities, call 462-3234. For information on mental health services, call 462-3291. For information about substance abuse, call:

462-4680.....www.bhddh.ri.gov

1-866-252-3784 (24-hour, confidential drug and alcohol abuse line)

COMMUNITY ACTION PROGRAMS

Community Action Programs (CAPs) are social service agencies working to alleviate the problems of poverty through a positive approach. Programs include consumer education, counseling, health and wellness programs,, home weatherization, heating assistance, and other services. Contact these agencies:

Aquidneck Island/Newport: **East Bay CAP:**

19 Broadway, Newport, RI 02840

Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton

847-7821.....www.webcap.org

Blackstone Valley: **Blackstone Valley CAP:**

32 Goff Avenue, Pawtucket, RI 02860

Central Falls, Cumberland, Lincoln, Pawtucket

723-4520.....www.bvcap.org

Cranston: **Comprehensive CAP:**

311 Doric Avenue, Cranston, RI 02910

Cranston, Foster, Scituate, Coventry

467-9610.....www.comcap.org

East Bay: **East Bay CAP:**

100 Bullocks Point Avenue, East Providence, RI 02915

Barrington, Bristol, East Providence, Warren

437-1000.....www.ebcap.org

Greater Providence: **Community Action Partnership of Providence:**

518 Hartford Avenue, Providence, RI 02909

Providence

273-2000.....www.cappri.org

COMMUNITY ACTION PROGRAMS

Greater Woonsocket: **Woonsocket Family Resources Community Action:**

245 Main Street, Woonsocket, RI 02895

Woonsocket

766-0900.....www.famresri.org

Kent County: **Westbay Community Action:**

224 Buttonwoods Avenue, Warwick, RI 02886

Warwick, West Warwick, East Greenwich

732-4660.....www.westbaycap.org

Northwest: **Tri-Town Community Action, Inc.:**

1126 Hartford Avenue, Johnston, RI 02919

Burrillville, Glocester, Johnston, North Providence, North Smithfield, Smithfield

351-2750.....www.tri-town.org

South County: **South County Community Action, Inc.:** 1935

Kingstown Road, Wakefield, RI 02879

Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham (Block Island), North Kingstown, Richmond, South Kingstown, West Greenwich, Westerly

789-3016.....www.sccainc.org

CONSUMER PROTECTION PROGRAMS

Scams, frauds, and schemes cost seniors, disabled consumers, and the federal government millions of dollars each year. The organizations listed below can help consumers avoid being victimized, preserve valuable assets and resources, and provide ways to report scams and questionable business practices. If you feel that you have been victimized by a fraud, scam or scheme, contact your local police department and the agencies listed in this section.

The **National Do Not Call Registry** allows individuals to limit the number of telemarketing calls they receive.

1-888-382-1222.....www.donotcall.gov

The **Rhode Island Contractors' Registration & Licensing Board**, One Capitol Hill, Providence, RI 02908, mediates disputes between homeowners and contractors.

222-1268.....www.crb.ri.gov

The **Rhode Island Attorney General's Consumer Protection Unit**, 150 South Main Street, Providence, RI 02903, provides assistance to consumers with complaints against businesses.

274-4400.....www.riag.ri.gov

Rhode Island Senior Medicare Patrol (SMP) helps persons to recognize and report Medicare and Medicaid fraud, waste, and abuse, and also to get the most out of their health care.

462-0931.....462-0740 (TTY).....www.dea.ri.gov

The **U.S. Postal Service** accepts reports and investigates claims of mail fraud.

1-800-275-8777.....www.postalinspectors.uspis.gov

DENTAL SERVICES

Dental services for limited-income persons may be available under the following programs:

Bayside Family Healthcare, Inc.-WellOne, 308 Callahan Road, North Kingstown, RI 02852 offers dental services for seniors in their communities.

295-9706.....www.welloneri.org

Community College of Rhode Island Dental Hygiene Clinic, Flanagan Campus, Lincoln, RI 02865 offers dental cleanings from September through May of each school year. Nominal fees apply.

333-7250.....www.ccri.edu/dental

The **Donated Dental** program offers free or reduced-cost dental services to income-eligible seniors. Call 1-866-572-9390.

Blackstone Valley: **Thundermist Health Center:** 191 Social Street, Woonsocket, RI 02895

767-4161.....www.thundermisthealth.org

Kent County: **Thundermist Health Center:** 1219 Main Street, West Warwick, RI 02893

615-2800.....www.thundermisthealth.org

South County: **Thundermist Health Center:** One River Street, Wakefield, RI 02879

783-5646.....www.thundermisthealth.org

Tri-Town Community Action Program, 1126 Hartford Avenue, Johnston, RI 02919, offers affordable dental services to residents of Johnston, North Providence, Smithfield, and North Smithfield.

519-1940.....www.tri-town.org

DENTAL SERVICES

Wellcare Primary Medical and Dental Care of Pascoag-WellOne, 142 Danielson Pike, Unit 8, Foster, RI 02825, provides general dentistry services to eligible residents of Burrillville, Foster, Glocester, North Smithfield and Smithfield. Fees are based on a sliding scale.

647-3702.....www.welloneri.org

The **Everett C. Wilcox Family Health Center**, 226 Buttonwoods Avenue, Warwick RI 02886, offers services based on a sliding fee scale.

732-9090.....www.comcap.org

Wood River Health Services, 823 Main Street, Hope Valley, RI 02832, offers limited dental services.

539-2461.....www.woodriverhealthservices.org

DISABILITY RESOURCES

There are a number of organizations in Rhode Island that can help seniors and adults with disabilities enhance their quality of life.

The **Rhode Island Adaptive Telephone Equipment Loan Program (ATEL)**, Office of Rehabilitative Services, 40 Fountain Street, Providence, RI 02903, provides demonstrations, training, and long-term loan and device re-utilization services of specialized telephone equipment to qualified individuals who are deaf, hard of hearing, have a speech impairment, who suffer from neuromuscular damage, or any disease that hinders them from using a standard telephone.

462-7857.....222-1679 (TTY).....www.atel.ri.gov

The **Assistive Technology Access Partnership (ATAP)**, Office of Rehabilitative Services, 40 Fountain Street, Providence, RI 02903, is a group of agencies that work together to reduce or eliminate barriers to access and funding for assistive technology devices and services for individuals with disabilities of all ages.

421-7005.....www.atap.ri.gov

Persons who have incurred a significant disability before age 22 should call the **Division of Developmental Disabilities** at the **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** about options for various services.

462-3201.....www.bhddh.ri.gov

The **EyeCare America Seniors Program** serves persons who are 65 and older who do not have an ophthalmologist. They can receive no-cost medical eye care services.

1-800-222-3937.....www.eyecareamerica.org

DISABILITY RESOURCES

The **Rhode Island Commission on the Deaf and Hard of Hearing**, One Capitol Hill, Providence, RI 02908, administers sign language interpreter services, information and referral.

256-5511 (V/VP).....www.cdhh.ri.gov

The **Governor's Commission on Disabilities**, 41 Cherry Dale Court, Cranston, RI 02920, ensures that people with disabilities are afforded opportunities to exercise all rights and responsibilities provided to citizens of the state and that each person with a disability is able to reach his/her maximum degree of independence, development, productivity, and self-sufficiency.

462-0100.....711 (TTY/Relay RI).....www.disabilities.ri.gov

IN-SIGHT, 43 Jefferson Blvd., Warwick, RI 02888, helps blind and visually impaired persons develop skills in communication, mobility, orientation, self-care, and homemaking.

941-3322.....www.in-sight.org

Living in Fulfilling Environments, Inc., 490 Metacom Avenue, Bristol, RI 02809, provides a wide range of community-based experiences and supports to individuals with developmental disabilities.

254-2910.....www.lifeincri.org

DISABILITY RESOURCES

Ocean State Center for Independent Living (OSCIL), 1944 Warwick Ave., Warwick, RI 02889, is a non-residential, consumer-driven, community-based, cross-disability, nonprofit organization providing a range of independent living services. These services include individual and community advocacy, information and referral, housing assistance, basic independent living skills training, peer support, community outreach, disability awareness, and assistance in the attainment of assistive devices and home modifications, necessary for increased independence.

738-1013.....1-866-857-1161.....www.oscil.org

The **Office of Rehabilitation Services**, 40 Fountain St., Providence, RI 02903, administers Disability Determination Services for the Social Security Administration. The agency determines the medical eligibility of individuals with disabilities applying for cash benefits.

421-7005.....www.ors.ri.gov

Opportunities Unlimited For People With Differing Abilities, Inc., One Worthington Road, Cranston, RI 02920, provides support services for adults with disabilities. Services include case management, assistance with personal care, money management, and day services.

942-9044.....www.oppunlimited.com

Relay Rhode Island/711 can connect hearing-impaired Rhode Islanders with various government agencies and also assists them in completing the call.

1-800-745-5555 (English-TTY).....1-866-355-9214 (Spanish-TTY)

DISABILITY RESOURCES

The **Rhode Island Brain Injury Resource Center**, 935 Park Avenue, Cranston, RI 02910, works to improve access to educational materials and resources for survivors of brain injuries, family members, and professionals in the field.

461-6599.....www.biusa.org/ri

Saving Sight, 982 West Shore Road, Warwick, RI 02889, conducts glaucoma screening programs and public information campaigns to detect and fight causes of blindness.

738-1150.....www.savingsightri.org

Rhode Island **State Services for the Blind and Visually Impaired**, 40 Fountain Street, Providence, RI 02903, provides vocational rehabilitation, counseling, medical evaluation, home teaching, and other services.

462-7917(Voice).....421-7016 (TTY).....www.ors.ri.gov

Talking Books Plus, One Capitol Hill, Providence, RI 02908, serves persons who have a visual impairment or physical disability that hinders them from using a traditional library. They can borrow books and magazines in large print, braille, or talking books on cassette or disc, free of charge. Machines and materials are shipped free directly through the U.S. mail.

574-9310.....www.olis.ri.gov/tbp

DISABILITY RESOURCES

TechACCESS of Rhode Island, 110 Jefferson Boulevard, Suite 1, Warwick, RI 02888, works towards assuring that persons of all ages and disabilities will have access to technologies and technology services to encourage and support their full participation in all aspects of life.

463-0202.....www.techaccess-ri.org

These centers diagnose and treat hearing, speech, language, and swallowing problems:

Memorial Hospital of Pawtucket

111 Brewster Street, Pawtucket, RI 02860

729-2022.....723-2050 (TTY).....www.mhri.org

Rhode Island Hospital

593 Eddy Street, Providence, RI 02903

444-5485.....www.rhodeislandhospital.org

University of Rhode Island Speech and Hearing Centers:

www.uri.edu

Kingston: 25 Independence Way,

Kingston, RI 02881

874-5969, or 874-4292

Pawtucket: 500 Prospect Street,

Pawtucket, RI 02860

721-0734

EDUCATIONAL PROGRAMS

Rhode Island residents 60 and older may take courses at state colleges, on a space-available basis, without paying tuition. Contact your local college or university for eligibility and fees, if applicable. Contact your local school department, civic organization, or church, for information on other types of learning opportunities.

The **Lifelong Learning Collaborative** is an independent, non-profit, peer-run organization that provides mature adults with varied opportunities for lifelong learning.

270-2556.....www.lifelonglearningcollaborative.org

The **Elderhostel /Road Scholar** program is the world's largest travel and education organization for persons 55 and older. The organization's focus is on educational and lifelong learning adventures. Financial assistance is available to eligible seniors.

1-800-454-5768.....www.roadsscholar.org

The **Learning Connection**, 201 Wayland Avenue, #6, Providence, RI 02906, offers adult education classes on a wide variety of topics.

274-9330.....www.learningconnect.com

The **Osher Lifelong Learning Institute (OLLI)** at the University of Rhode Island is a learning community for active adults, starting at age 50, who wish to explore a wide variety of subjects and programs without worry of exams, grades, or academic requirements.

874-4194 or 874-4197.....www.uri.edu/olli

ABUSE/SELF-NEGLECT

The **Rhode Island Department of Human Services, Division of Elderly Affairs (DEA) Protective Services Unit**, 74 West Road, Cranston, RI 02920, is responsible for investigating complaints of abuse of Rhode Islanders 60 and older by a family member, caregiver, or person with duty of care. Abuse may be physical, emotional, sexual, financial exploitation, or abandonment.

Self-neglect occurs when a person is no longer able to care for himself/herself. Reports of self-neglect are also made to the **DEA Protective Services Unit**. The senior's needs are assessed and necessary services can be provided.

Rhode Island law requires any person who has reasonable cause to believe that a senior has been abused, or is neglecting his or her basic needs, to report it to **DEA**. Failure to report abuse of a person 60 or older can result in a fine of up to \$1,000.

Abuse and self-neglect reports can be filed 24 hours a day, seven days a week, and on nights, weekends, and holidays, by calling 462-0555. Reports can be filed anonymously.

The **DEA Protective Services Unit** works with case management agencies to develop a care plan that prevents additional abuse and addresses the elder's needs.

Under Rhode Island law (R.I.G.L 42-66-10), **DEA** records pertaining to a person reported to be abused, neglected, exploited, or abandoned, are confidential and are not deemed public records.

ABUSE/SELF-NEGLECT

The **Commission for the Safety and Care of the Elderly** works with fire and police advocates in each community to address domestic violence, safety, and other issues. A current listing of fire and police advocates can be found on the DEA web site under the “Commission for the Safety and Care of the Elderly” link.

462-0550.....www.dea.ri.gov

The **Rhode Island Department of the Attorney General/Elder Abuse Prosecution Unit**, 150 South Main Street, Providence, RI 02903, investigates and prosecutes crimes committed against persons 60 and older.

274-4400, ext. 2383.....www.riag.state.ri.us

The **Rhode Island Coalition Against Domestic Violence**, 422 Post Road, Suite 102, Warwick, RI 02888, works to eliminate domestic violence in Rhode Island.

24/7 Helpline:1-800-494-8100.....www.ricadv.org

DEA sponsors the **Volunteer Guardianship Program**, 140 Warwick Neck Avenue, Warwick, RI 02889. Volunteers are trained to serve as health care guardians for eligible frail elders suffering from dementia.

739-2844, X 36.....www.stelizabetchcommunity.org

EMERGENCY PREPAREDNESS

One of the keys to surviving a disaster, either man-made or natural, is preparation. The **Rhode Island Emergency Management Agency**, 645 New London Avenue, Cranston, RI 02920, has information and resources to help seniors and adults with disabilities prepare for natural or man-made disaster situations.

946-9996.....www.riema.ri.gov

The **Rhode Island Emergency Management Agency** and the **Rhode Island Department of Health** urge anyone with a chronic disability, health condition, limited mobility, or special health care need(s) to enroll in the **Rhode Island Special Needs Emergency Registry**. The registry was developed to make sure that there is a system to identify Rhode Islanders who require special assistance during emergencies.

Rhode Island Department of Health:

222-5960.....711 (Relay RI).....www.health.ri.gov

Rhode Island Emergency Management Agency:

946-9996.....www.riema.ri.gov

FINANCIAL MANAGEMENT/ DEBT COUNSELING

The **Rhode Island General Treasurer's Office**, State House, Room 102, Providence, RI 02903, sponsors the **Empower Rhode Island** program to highlight the importance of making your money work through personal financial empowerment. The intent of **Empower Rhode Island** is to enable persons to make informed and disciplined choices, and to understand the risk of taking on too much debt. Services include an online financial literacy tool, learning about working with financial institutions, and educating consumers about safe, affordable choices.

222-2397.....www.treasury.ri.gov

Money Management International, 501 Centreville Road, 2nd. Floor, Warwick, RI 02886, is a non-profit organization that provides full service financial counseling, financial education, debt management programs, and housing counseling. Services are provided either in person or over the Internet. All information is confidential. **Money Management International** helps clients resolve financial difficulties and achieve long- term financial well-being and lifelong financial management skills.

1-866-226-0278.....www.moneymanagement.org

FOOD ASSISTANCE

The statewide Senior Nutrition Programs are known as the **Cafés**. Each **Café** will offer at least two of the three meal choices daily. The “spa option,” for the health conscious, features lighter fare such as a main course salad. The “pub option” offers a sandwich for those who want a traditional, wholesome lunch. And the “hearty option” provides a full, hot lunch for those who prefer their main meal at midday. The **Cafés** welcome all diners 60 and over (in the case of a married couple, only one spouse must be over 60). There is a suggested donation of \$3 per meal. No one is turned away if they cannot make a donation. SNAP beneficiaries may use their Electronic Benefits Cards (EBTs) at **Cafés**. Reservations are required 24 hours in advance. To locate a **Café** location near you, call:

Blackstone Cafés: Blackstone Health, Inc.

728-9290.....www.pawtucketri.com

Capital Cities Cafés:

Meals on Wheels of Rhode Island, Inc.

351-6700.....www.rimeals.org

East Bay Cafés:

East Bay Community Action Program

437-1000.....www.ebcap.org

Narragansett Indian Tribe Café

213-6880, X 13.....pnoka@nitribe.org

Northern Rhode Island Cafés: Senior Services, Inc.

766-3734.....www.seniorservicesri.org

Westbay Cafés: Westbay Community Action Program

732-4660.....www.westbaycap.org

FOOD ASSISTANCE

Meals on Wheels of Rhode Island, 70 Bath Street, Providence, RI 02908, provides home delivered meals to frail, homebound seniors and qualified disabled persons, five days per week. To qualify, seniors must be 60 years or older, live alone, have no one to help them, and be unable to shop, cook, or drive. Donations are accepted, but are not mandatory.

351-6700.....www.rimeals.org

Additional resources are also available to older Rhode Islanders who are in need of emergency food assistance.

Comprehensive Community Action Program, 311 Doric Avenue, Cranston, RI 02910, provides emergency food assistance to residents of Cranston, Coventry, Scituate, and Foster.

467-9610.....www.comcap.org

The **Rhode Island Coalition for the Homeless**, 1070 Main Street, Suite 202, Pawtucket, RI 02860, provides emergency food assistance.

721-5685.....www.rihomeless.org

The **Rhode Island Community Food Bank**, 200 Niantic Avenue, Providence, RI 02905, helps people stretch their food budgets.

942-6325.....www.rifoodbank.org

FOOD ASSISTANCE

The **Supplemental Nutrition Assistance Program (SNAP)**, formerly known as the Food Stamp Program, can provide assistance to help individuals and families who are struggling to purchase food.

Income Eligibility for Seniors & Adults with Disabilities:

One person.....\$1,814 per month

Two persons.....\$2,455 per month

Seniors and adults with disabilities with incomes above those amounts may still be eligible, but there will have a monthly resource limit. Several deductions are subtracted from a person's gross income to determine the benefit. They may include deductions for household and telephone expenses, an earned income deduction for individuals who are working, deductions for medical expenses, and excess shelter costs. Adults who are eligible for **SNAP** receive their benefits using an Electronic Benefits Transfer (EBT) card. The EBT card is accepted at grocery and retail food stores across the state for the purchase of food items. Applicants may request a home or telephone interview. For more information, contact your local Department of Human Services office, or call the University of Rhode Island **SNAP** Outreach Project.

1-866-306-0270.....www.eatbettertoday.com

The **University of Rhode Island Feinstein Center for a Hunger Free America** helps low-income individuals and families access food assistance benefits. The goal of this outreach program is to increase participation in SNAP. Benefits help families and individuals supplement their food budgets so that they can buy higher-quality and more nutritious food using their EBT cards. SNAP allows persons who are 60 and older, disabled or homeless to use their EBT cards to purchase meals at participating restaurants. EBT cards can also be used at Farmers' Markets across the state.

1-866-306-0270.....www.eatbettertoday.com

GERIATRIC HEALTH ASSESSMENT CENTERS

Geriatric Health Assessment Units conduct comprehensive assessments of a person's medical status. Seniors who have shown recent changes in their physical, psychological, or social functioning are candidates for assessment. These organizations offer geriatric assessments:

East Providence: **RI Mood and Memory Research Institute**, 1018 Waterman Avenue, East Providence, RI 02914
435-895.....www.rimm.com

North Providence: **Roger Williams Geriatric Assessment Program**, Two Atlantic Boulevard, North Providence, RI 02911
231-0450.....www.rwmc.org

Pawtucket:

Memorial Hospital Neurology Department,
111 Brewster Street, Pawtucket, RI 02860
729-2304.....www.mhri.org

University Medicine Foundation Gerontology Center
407 East Avenue, Suite 110 Pawtucket, RI 02860
728-7270.....www.mhri.org

Providence:

Alzheimer's Disease & Memory Disorders Center
Rhode Island Hospital, 593 Eddy Street, Providence, RI 02903
444-6440.....www.rhodeislandhospital.org

Butler Hospital Memory and Aging Program
345 Blackstone Boulevard, Providence, RI 02906
455-6403.....www.butler.org

RI & Miriam Hospital Geriatric Neuropsychological Program
Coro Building, 167 Point Street, Providence, RI 02903
444-4500.....www.rihospital.org

HEALTH CENTERS

Community health centers provide many health services for low-income persons, including seniors. Payment is based on a sliding scale.

Block Island: **Block Island Health Services**

6 Payne Road, Block Island, RI 02807

466-2974.....www.rihca.org

Burrillville:

**WellOne Primary Care Medical and
Dental Care**

36 Bridge Way, Pascoag, RI 02859

567-0800.....www.welloneri.org

Central Falls:

Blackstone Valley Community Health Center

9 Chestnut Street, Central Falls, RI 02863

722-0081.....www.blackstonechc.org

Charlestown:

Narragansett Indian Health Center

4533 South County Trail, Charlestown, RI 02813

364-1265.....www.narragansett-tribe.org

Coventry: **Coventry Family Health Center**

191 MacArthur Boulevard, Coventry, RI 02816

828-5335.....www.comcap.org

Cranston: **Cranston Family Health Center**

1090 Cranston Street, Cranston, RI 02920

943-1981.....www.cranstonri.com

HEALTH CENTERS

East Providence:

East Bay Family Health Center

100 Bullocks Point Avenue, East Providence, RI 02915

437-1008.....www.ebcap.org

Johnston: **Tri-Town Health Center**

1126 Hartford Avenue, Johnston, RI 02919

351-2750.....www.tri-town.org

Newport: **East Bay Health Center**

19 Broadway, Newport, RI 02840

848-2160.....www.ebcap.org

North Kingstown: **Bayside Family Healthcare, Inc.-WellOne**, 308

Callahan Road, North Kingstown, RI 02852

295-9706.....www.welloneri.org

Pawtucket:

Blackstone Valley Community Health Center

42 Park Place, Pawtucket, RI 02860

722-0081.....www.blackstonechc.org

Blackstone Valley Health Care

39 East Avenue, Pawtucket, RI 02860

722-0081.....www.blackstonechc.org

HEALTH CENTERS

Providence:

Capitol Hill Health Center

40 Candace Street, Providence, RI 02908

444-0550.....www.providencechs.org

Central Health Center

239 Cranston Street, Providence, RI 02907

444-0580.....www.providencechs.org

Chad Brown Health Center

285A Chad Brown Street, Providence, RI 02908

274-6339.....www.providencechs.org

Chafee Health Center

One Warren Way, Providence, RI 02905

444-0530.....www.providencechs.org

Clinica Esperanza

60 Valley Street-Unit 5-The Plant, Providence, RI 02909

649-9683.....www.aplacetobehealthy.org

Crossroads Rhode Island

160 Broad Street, Providence, RI 02903

861-2403.....www.providencechc.org

Met School Health Clinic

355 Public Street, Providence, RI 02906

752-2693.....www.providencechs.org

North Main Street Clinic

530 North Main Street, Providence, RI 02904

415-9500.....www.providencechs.org

HEALTH CENTERS

Olneyville Health Center

100 Curtis Street, Providence, RI 02909

444-0540.....www.providencechs.org

Providence:

Prairie Avenue Health Center

355 Prairie Avenue, Providence, RI 02905

444-0570.....www.providencechs.org

RI Free Clinic

655 Broad Street, Providence, RI 02907

274-6347.....www.rifreeclinic.org

St. Joseph's Hospital:

21 Peace Street, Providence, RI 02907

456-3000.....www.saintjoseph.com

Richmond:

Wood River Health Services

823 Main Street, Hope Valley, RI 02832

539-2461.....www.woodriverhealthservices.org

South Kingstown:

Thundermist Health Center

One River Street, Wakefield, RI 02879

783-0523.....www.thundermisthealth.org

Warwick:

Everett C. Wilcox Family Health Center

226 Buttonwoods Avenue, Warwick, RI 02886

467-9610 X 112.....www.comcap.org

HEALTH CENTERS

West Warwick:

Thundermist Health Center

1219 Main Street, West Warwick, RI 02893

615-2800.....www.thundermisthealth.org

Woonsocket:

Thundermist Health Center

450 Clinton Street, Woonsocket, RI 02895

767-4100.....www.thundermisthealth.org

HEATING ASSISTANCE

The **Low-Income Home Energy Assistance Program (LIHEAP)** provides assistance to income-eligible consumers in meeting the costs of heating their homes. The amount of assistance provided is based on household size and income level. Current (FY2016) annual income guidelines are:

1-person household.....	\$27,878
2-person household.....	\$36,456
3-person household.....	\$45,034
4-person household.....	\$53,612
5-person household.....	\$62,190

Apply for heating assistance at these local agencies:

Blackstone Valley Community Action Program

32 Goff Avenue, Pawtucket, RI 02860

Central Falls, Cumberland, Lincoln, North Smithfield, Pawtucket,
Woonsocket

723-0227.....www.bvcap.org

Comprehensive Community Action Programs

311 Doric Avenue, Cranston, RI 02910

Cranston, Foster, Scituate

467-7013.....www.comcap.org

East Bay Community Action Program

100 Bullocks Point Avenue, East Providence, RI 02915

Barrington, Bristol, East Providence, Jamestown, Little Compton,
Middletown, Newport, Portsmouth, Tiverton, Warren

437-5102.....www.ebcap.org

HEATING ASSISTANCE

Providence Heating Assistance:

518 Hartford Avenue, Providence, RI 02909

Providence

273-0882.....www.cappri.org

South County Community Action Program

1935 Kingstown Road, South Kingstown, RI 02879

Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham,
North Kingstown, Richmond, South Kingstown, West Greenwich,
Westerly

789-3016.....www.sccainc.org

Tri-Town Community Action Program

33 Maple Street, North Providence, RI 02911

Burrillville, Glocester, Johnston, North Providence, Smithfield

519-1913.....www.tri-town.org

West Bay Community Action Program

208 Buttonwoods Avenue, Warwick, RI 02886

Coventry, East Greenwich, Warwick, West Warwick

732-4660.....www.westbaycap.org

HEATING ASSISTANCE

Information about heating assistance is also available from these agencies/organizations:

Citizens Energy Corporation

1-877-JOE-4-OIL (1-877-563-4645).....www.citizensenergy.com

Diocese of Providence: Keep the Heat On

184 Broad Street, Providence, RI 02907

421-7833, Ext. 207.....www.heatri.com

RI Office of Energy Resources

One Capitol Hill, Providence, RI 02908

574-9100.....www.energy.ri.gov

Salvation Army

201 Pitman Street, Providence, RI 02906

(Assistance is available for those who do not qualify for LIHEAP).

421-5270.....www.salvationarmy.org

HOME AND COMMUNITY CARE PROGRAMS

Home and Community Care Programs provide eligible seniors with innovative options to help them remain in the community and avoid premature institutionalization. Based on eligibility, **Home and Community Care Medicaid Waiver Programs** may provide home health aide services, adult day services, Meals on Wheels, Senior Companion services, personal emergency alert systems, minor home modifications, assistive devices, or assisted living services. For **Home and Community Care Medicaid Waiver Programs**, a person must be a Rhode Island resident 65 or older, be eligible for Medical Assistance (Medicaid), unable to leave home without considerable assistance, and need help with the tasks of daily living.

For persons who meet the guidelines for the **Rhode Island Home and Community Care Co-Pay Program**, services are provided at a reduced rate. Co-payment amounts are determined by the client's income level. Annual income guidelines are \$14,712.50 for a single person and \$19,912.50 for a couple at Level One and \$23,540 for a single person, and \$31,860 for a couple at Level Two. DEA works with a network of regional case management agencies to develop care plans to help seniors remain in the least restrictive and safest environment. To be eligible for the **Co-Pay Program**, a person must be a Rhode Island resident age 65 or older, be ineligible for Medicaid, unable to leave home without considerable assistance, and need help with the tasks of daily living.

Rhode Island Division of Elderly Affairs:

462-0570.....462-0740 (TTY).....www.dea.ri.gov

THE POINT:

462-4444.....462-4445 (TTY)

HOME AND COMMUNITY CARE PROGRAMS

Persons who had a significant disability before age 22 should call the **Department of Behavioral Healthcare Developmental Disabilities and Hospitals (BHDDH)** about options for home and community care.

462-3421.....www.bhddh.ri.gov

The **Program for the All-Inclusive Care of the Elderly (PACE)**, 225 Chapman Street, Providence, RI 02905, provides individuals with alternatives to nursing home care. To be eligible for **PACE**, a person must be 55 or older and qualify for nursing home care. To enroll in **PACE**, the client must agree to get their care from a network of doctors and providers who participate in the program. **PACE** coordinates all care to meet the daily needs of the client with a team of caregivers that includes social workers, nurses, and other professional staff. **PACE** is also a licensed adult day service program. 490-6566.....www.pace-ri.org

Persons who qualify for **Medicaid Long-Term Care** may be able to hire their own caregiver who can help them with bathing, dressing, and other home activities through the **Personal Choice Waiver Program**.

Contact:

People Actively Reaching Independence (PARI), 500 Prospect Street, Pawtucket, RI 02860
725-1966 (V/TTY).....www.pari-ilc.org

Ocean State Center for Independent Living (OSCIL),
1944 Warwick Avenue, Warwick, RI 02889
738-1013.....1-866-857-1161.....www.oscil.org

HOME AND COMMUNITY CARE PROGRAMS

Persons eligible for Medicaid and who are in a nursing home, but would like to live at home or in the community, may be able to participate in the **Rhode to Home** Nursing Home Transition Program through the Rhode Island Department of Human Services. The program provides support and services to help make this transition possible.

462-6393.....www.dhs.ri.gov

Visiting Nurse Agencies provide home health care, which may include nursing care, physical therapy, hospice care, speech therapy, and other services. For a listing of these agencies, call THE POINT.

462-4444.....462-4445 (TTY)

HOME AND HOSPICE CARE

Hospice care focuses on the social, spiritual, and emotional needs of terminally ill patients and their loved ones. A hospice team usually includes a medical director, nurses, clergy, and other health care professionals. Medicare covers hospice services as long as the providing agency is a certified Medicare provider. Medical Assistance and most private insurance plans also cover hospice services. Contact these agencies:

Gentiva Health Care, 2374 Post Road, Suite 206, Warwick, RI 02886, provides hospice services through an interdisciplinary group.
738-1492.....www.gentiva.com

Home & Hospice Care of Rhode Island, 1085 North Main Street, Providence, RI 02904, can provide hospice care in the home and in other facilities.
415-4200.....1-800-338-6555.....www.hhcri.net

Nursing Placement, Inc., 334 East Avenue, Pawtucket, RI 02860, provides hospice services to culturally diverse populations. In addition to English, the team has members who speak Portuguese, Cape Verdean Creole, Spanish, and Russian.
728-6500.....www.nursingplacement.com

The **Philip Hulitar Inpatient Center**, 1085 North Main Street, Providence, RI 02904, offers compassionate and individualized care and support to persons who are reaching the end of life.
351-5570.....www.hhcri.org

Most **Visiting Nurse Agencies (VNAs)** provide hospice services. For a listing of **VNAs**, call THE POINT.
462-4444.....462-4445 (TTY)

HOUSING PROGRAMS

Assisted living provides rooms or apartments, meals, 24-hour staffing, assistance with personal care and dispensing medication, housekeeping, laundry, activities, and other services that allow adults to stay in the community. The cost varies considerably. There are more than 60 licensed assisted living facilities in the state. To get a copy of the assisted living sites in Rhode Island, call THE POINT. 462-4444.....462-4445 (TTY)

The **Rhode Island Coalition for the Homeless**, 1070 Main Street, Pawtucket, RI 02860, publishes the "Street Sheet," a listing of emergency shelters, food pantries, and other helpful resources. 721-5685.....www.rihomeless.org

Some **Community Action Programs (CAPS)** provide housing assistance and may have funding assistance for home repair services. Please refer to the list of **Community Action Programs** in this publication.

Crossroads Rhode Island, 160 Broad Street, RI 02903, provides information and referral for the homeless and those in transition. 521-2255.....www.crossroadsri.org

Many cities and towns have public housing authorities that provide affordable apartments and Section 8 vouchers. Some cities and towns may also have grants or loans available for home repairs. Contact your local city or town hall.

HOUSING PROGRAMS

Home Equity Conversion Mortgages (HECM), often referred to as **Reverse Mortgages**, allow seniors to borrow against the equity in their homes. The loan is repaid when the house is sold or when the owner/borrower ceases to live in it. Interest rates and loan limits vary from lending institution to lending institution. Under **HECM**, borrowers must be 62 or older and meet annual income limits. For more information, contact your local bank, credit union, or other financial institution.

Housing Network of Rhode Island, 44 Nashua Street, Providence, RI 02904, is a state association of non-profit community development corporations. Members of the **Housing Network of Rhode Island** have developed thousands of affordable housing options in Rhode Island and promote public awareness regarding the state's housing and economic needs.

1-877-428-8844.....711 (Relay RI).....www.socialserve.com

HomeLocatorRI.net is a free website that lists homes for rent or sale in Rhode Island.

1-877-428-8844.....www.homelocatorri.net

HOUSING PROGRAMS

Rhode Island Housing, 44 Washington Street, Providence, RI 02903, oversees the management of 20,000 apartments for low-income seniors, families, and persons with disabilities. Approximately 15,000 of these apartments are Section 8. Under this category, tenants pay 30 percent of their income for rent. The remaining 5,000 apartments have a variety of subsidies that keep the rents affordable for low-income households. Generally, residents of Section 8 apartments must earn no more than 50 percent of the Housing and Urban Development (HUD) median family income for their community and household size. Applicants can apply for housing in any community in which they would like to live. Most communities have a waiting list for these affordable housing units.

457-1234 (Voice).....1-800-427-5560
450-1394 (TTY).....www.rihousing.org

The **Rhode Island Housing Help Center**, 44 Washington Street, Providence, RI 02903, offers seniors a safe place to receive help with their mortgages, and avoid foreclosure. Seniors who have received a notice of a tax sale for their home may contact the **Rhode Island Housing Help Center** for information at 457-1130, or the **Rhode Island Bar Association** at 521-5040 for legal assistance. Seniors can also contact the local tax assessor to inquire about a payment plan, or other arrangements to remove their property from tax sale.

457-1130.....www.rihousing.org

HOUSING PROGRAMS

Operation Stand Down Rhode Island serves homeless and disabled veterans.

1010 Hartford Avenue, Unit #1
Johnston, RI 02919
383-4730

790 Providence Street
West Warwick, RI 02893
320-1022
1-800-861-VETS (8387).....www.osdri.com

The **Rhode Island Housing's Home Improvement & Lead Abatement Programs** can assist qualified residents in obtaining low-interest home repair and improvement loans.

457-1119 (Home Improvement)
450-1350 (Lead Abatement).....www.rihousing.org

The **U.S.D.A. Rural Development**, 60 Quaker Lane, Suite 44, Warwick, RI 02886, provides grants and loans for home repairs and improvements to qualified homeowners.

826-0842, ext. 1870.....www.rurdev.usda.gov

LEGAL SERVICES

Advance health care directives are written instructions indicating what type of medical intervention you choose during a time when you may become incapacitated. The durable power of attorney for health care permits you to appoint an agent, or agents, to make health care decisions on your behalf, if you are unable to communicate your wishes. A living will directs your physicians, in advance, to withhold or withdraw life-sustaining procedures, if those are your wishes. You can get advance health care directive forms from the Rhode Island Department of Health.

222-5960.....www.health.ri.gov

The **Rhode Island Bar Association's Legal Information and Referral Service for the Elderly**, 41 Sharpe Drive, Cranston, RI 02920, helps anyone 60 and older obtain legal services and advice. Seniors may receive a free initial consultation of up to 30 minutes. Collect calls are accepted. Seniors who have received a notice of a tax sale of their home may contact the **Rhode Island Bar Association** for assistance.

421-5740.....www.ribar.com

The **Rhode Island Disability Law Center**, 275 Westminster Street, Suite 401, Providence, RI 02903, provides free legal assistance to persons with disabilities. Services include individual representation to protect rights or to secure benefits, services, and administrative and legislative advocacy.

1-800-733-5332.....www.ridlc.org

LEGAL SERVICES

Rhode Island Legal Services Senior Citizens Program helps low income persons 60 and older with legal advice and assistance. This program assists seniors with problems related to housing and public assistance programs, including Social Security and Social Security Disability Income (SSDI) programs.

Providence: 56 Pine Street, Providence, RI 02903

274-2652.....1-800-662-4034

Newport: 50 Washington Square, Newport, RI 02840

846-2264.....www.rils.org

LONG TERM CARE OMBUDSMAN

The **Alliance for Better Long Term Care**, 422 Post Road, Warwick, RI 02888, advocates, mediates, and helps to solve problems for residents of nursing homes, assisted living facilities, and those receiving home care or hospice services. The state ombudsman is also responsible for investigating complaints of inadequate care and abuse suffered by elders and adults with disabilities who are using long-term care services. All reports of abuse and neglect are kept confidential.

785-3340.....www.alliancebltc.com

MEDICAL ASSISTANCE (MEDICAID)

Community **Medical Assistance Fee-For-Service** is “traditional” **Medical Assistance (Medicaid)**. Health or medical benefits are obtained directly from a provider that accepts **Medical Assistance**. Individuals over age 65 may be eligible for **Medicaid** if they are a Rhode Island resident, have a work history of less than 10 years that disqualifies them for Medicare, and who meet specified guidelines. A person may still qualify for **Medicaid** if they have unpaid medical expenses. The “flex test” may reduce their income to fall within **Medicaid** guidelines.

Medically Needy: Income.....\$858/month

Categorically Needy: Income.....\$973/month

Resources for both categories:

\$4,000 (S).....\$6,000 (M)

Adults with disabilities may be eligible for **Medicaid** if they are 18 years or older, a Rhode Island resident, and receive Supplemental Security Income (SSI). Refer to the SSI income and resource information on in this guide.

MEDICAL ASSISTANCE (MEDICAID)

Regional Medicaid offices:

Newport Regional Center

272 Valley Road, Suite 1, Middletown, RI 02842

851-2100

Jamestown, Little Compton, Middletown, Newport, Portsmouth,
Tiverton

Pawtucket Dept. of Human Services

249 Roosevelt Avenue, Pawtucket, RI 02860

721-6600.....1-800-984-8989

Barrington, Bristol, Central Falls, East Providence, Pawtucket,
Warren

Providence Regional Family Center

206 Elmwood Avenue, Providence, RI 02907

415-8200

Cranston, Johnston, Providence, Scituate

South County Regional Family Center

4808 Tower Hill Road, Suite G1, South Kingstown, RI 02879

782-4300

1-800-862-0222

Charlestown, Coventry, East Greenwich, Hopkinton, Narragansett,
New Shoreham,

North Kingstown, Richmond, South Kingstown, West Greenwich,
Westerly

Warwick Department of Human Services

195 Buttonwoods Avenue, Warwick, RI 02886

736-1400

Warwick, West Warwick

MEDICAL ASSISTANCE (MEDICAID)

Regional Medicaid offices:

Woonsocket Department of Human Services

450 Clinton Street, Woonsocket, RI 02895

235-6200

Burrillville, Cumberland, Foster, Glocester, Lincoln, North Providence, North Smithfield, Smithfield, Woonsocket

You can also log on to the Department of Human Services web site at www.dhs.ri.gov.

Medicaid Long Term Care (LTC) services are available for individuals over age 65 and for adults with disabilities. Services include nursing home care or home and community-based supports, such as homemaker/CNA services, special medical equipment, Meals on Wheels, personal emergency response systems, case management, Senior Companions, assisted living, respite, or minor home modifications. Individuals must require a certain level of care to qualify. Only individuals who qualify for the highest level of care are eligible for nursing facility care. In the next year, there will be changes to Medicaid as a result of the implementation of the Integrated Care Initiative for persons enrolled in both Medicare and Medicaid. Senior Health Insurance Program (SHIP) counselors will be able to assist beneficiaries in making the most appropriate choice for their long-term health care needs.

Long Term Care Medicaid Offices:

Cranston Long Term Care

35 Howard Avenue, Building #55, Cranston, RI 02920

462-5182

Charlestown, Coventry, Cranston, Exeter, Foster, Hopkinton, Johnston, Narragansett, New Shoreham, North Kingstown, Richmond, Scituate, South Kingstown, Warwick, West Greenwich, West Warwick, Westerly

MEDICAL ASSISTANCE (MEDICAID)

Long Term Care Medicaid Offices:

East Providence Long Term Care

206 Elmwood Avenue, Providence, RI 02907

415-8459

Barrington, Central Falls, East Providence, Pawtucket, Warren

Newport Regional Family Center

272 Valley Road, Middletown, RI 02842

851-2100.....1-800-675-9397

Bristol, Jamestown, Little Compton, Middletown, Newport,
Portsmouth, Tiverton

Providence Regional Family Center

206 Elmwood Avenue, Providence, RI 02907

415-8524 (Home & Community Based Services)

415-8455 (Nursing Homes)

Providence, North Providence

Woonsocket Long Term Care

450 Clinton Street, Woonsocket, RI 02895

235-6241

Burrillville, Cumberland, Glocester, Lincoln, North Smithfield,
Smithfield, Woonsocket

RI Veterans Memorial Cemetary

301 South County Trail, Exeter, RI 02822

268-3088

RI Veterans Home

480 Metacom Avenue, Bristol, RI 02809

253-8000, X 495

MEDICAL ASSISTANCE (MEDICAID)

Tri-Town Community Action Program

1126 Hartford Avenue, Johnston, RI 02919

351-2750.....www.tri-town.org

Under **Shared Living**, a person can live with their caregiver and receive personal care, homemaker services, and other benefits. For additional information:

Caregiver Homes

235 Promenade Street, Suite 147

Providence, RI 02908

290-8429.....www.caregiverhomes.com

Seven Hills Rhode Island

30 Cumberland Street, Woonsocket, RI 02895

229-9760.....www.sevenhills.org

The **Integrated Care Initiative** provides managed long-term care services to individuals who have both Medicare and Medicaid. The goal is to coordinate and improve the delivery of community-based long-term care services. Individuals enrolled in both Medicare and Medicaid can choose to receive services from Rhody Health Options or Connect Care Choice Community Partners. Some persons may be eligible to enroll on the Program of All-Inclusive Care for the Elderly (PACE).

1-855-444-3604.....www.eohhs.ri.gov

MEDICARE

Medicare is the nation’s health insurance program for people 65 and older, and younger people who are disabled for 24 months, or who have end stage renal disease. **Medicare** consists of four parts—Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage Insurance Plans), and Medicare Part D (Medicare Prescription Drug Plans). Persons over age 65 are automatically entitled to Medicare Part A if they or their spouse are eligible for Social Security or Railroad Retirement.

Part A covers a portion of inpatient hospital, skilled nursing facility, home health, and hospice care. Part B is optional insurance that supplements Part A coverage. Part B covers a portion of medical and physician services, outpatient hospital, home health, durable medical equipment, laboratory and x-ray, ambulance, and other services. Apply for **Medicare** at Social Security, or online three months before turning age 65.

1-800-MEDICARE.....(1-800-633-4227)
1-877-486-2048 (TTY).....www.medicare.gov

Healthcentric Advisors, 235 Promenade Street, Suite 500, Providence, RI 02908, is the Medicare Quality Improvement Organization for Rhode Island. The organization investigates quality of care for Medicare beneficiaries.

528-3200.....www.healthcentricadvisors.org

MEDICARE PREMIUM PAYMENT PROGRAMS

Medicare Premium Payment (MPP) programs help Medicare beneficiaries pay some or all of the cost of their Medicare Part A and Medicare Part B premiums, deductibles, and co-insurances.

For the **Qualified Medicare Beneficiary (QMB)** program, the Department of Human Services (DHS) Medicaid Division will pay both the Medicare Part A, if applicable, and Medicare Part B premiums, deductibles, and co-insurance for persons over 65, and adults with disabilities, if their income does not exceed:

Single: \$975/month.....Married: \$1,327/month

For the **Specified Low-Income Medicare Beneficiary (SLMB)**, Medicaid will pay the Medicare Part B premium if the beneficiary's income does not exceed:

Single: \$1,170/month.....Married: \$1,592/month

For the **Qualified Individual (QI1)** program, Medicaid will pay the Medicare Part B premium, subject to availability of state funds, if the beneficiary's income does not exceed:

Single: \$1,316/month.....Married: \$1,791/month

The resource limits for all **MPP** programs are:

Single: \$7,160.....Married: \$10,750

For more information about MPP programs, contact the Rhode Island Department of Human Services.

462-5300.....www.dhs.ri.gov

MEDICATION ASSISTANCE PROGRAMS

Medicare Prescription Drug Plans (Medicare Part D) help Medicare beneficiaries pay for prescription drugs. Coverage is available for both generic and brand name medications. Premiums, deductibles, and co-payments may apply.

Assistance in paying for Medicare Part D plan premiums and other expenses (Low-Income Subsidy-LIS, or “Extra Help”) may be available for beneficiaries who have limited income and resources. For more information, contact Social Security at:

1-800-772-1213 (Voice).....1-800-325-0778 (TTY).....www.ssa.gov
Medicare beneficiaries can get one-to-one, unbiased and confidential counseling for Medicare Part D by contacting any of the regional Senior Health Insurance Program (SHIP) partner agencies listed in this guide.

NeedyMeds is an information clearinghouse that helps those who are unable to afford their medications or health care costs to access patient assistance programs.

1-978-281-6666.....www.needymeds.org

Many pharmaceutical manufacturers make some of their drugs available, free of charge, to patients who have difficulty paying for them.

Pharmaceutical Research and Manufacturers of America.

877-743-6779.....www.RxforRI.org

Partnership for Prescription Assistance:

1-888-4PPA-NOW.....www.pparx.org

MEDICATION ASSISTANCE PROGRAMS

The **Rhode Island Pharmaceutical Assistance to the Elderly (RIPAE)** program pays some of the cost of **RIPAE**-approved prescription medications during the deductible phase and offers partial reimbursement for **RIPAE**-approved medications to enrollees who enter the “donut hole” of their Medicare Part D plans, or if a medication is not covered by a Part D plan and is on the RIPAE formulary. Rhode Island residents 65 and older who meet certain income limits and provide proof of Medicare Part D coverage, and adults age 55 to 64 receiving Social Security Disability (SSDI) payments, may be eligible.

RIPAE Income Limits:

60% Subsidy: \$22,432 (S).....	\$28,042 (M)
30% Subsidy: \$28,159(S).....	\$35,211 (M)
15% Subsidy: \$49,372 (S).....	\$56,320 (M)

Income guidelines are adjusted in July, based on the annual Social Security Cost of Living Adjustment (COLA).

462-0530.....462-0740 (TTY).....www.dea.ri.gov

MENTAL/BEHAVIORAL HEALTH PROGRAMS

Some **community health centers** provide low-cost or free mental health services for low-income persons, including seniors. Payment is based on a sliding scale. A list of the community mental health agencies can be found in this guide.

Medical Detoxification Programs are staffed by professionals who have special skills in helping substance abusers and their families deal with the physical and emotional problems caused by addiction and substance abuse. Treatment is always confidential. The following sites offer medical detoxification:

The **Butler Hospital Alcohol & Drug Inpatient Treatment Center**,
345 Blackstone Boulevard, Providence, RI 02906
455-6214.....www.butler.org

Roger Williams Medical Center Behavioral Health:
825 Chalkstone Avenue, Providence, RI 02908
456-2000.....www.rwmc.org

SSTAR of Rhode Island Detoxification Services:
1959 Tower Hill Road, North Kingstown, RI 02852
294-6160.....www.sstar.org

The **National Alliance on Mental Illness (NAMI) Rhode Island**, 154 Waterman Street, Suite 5B, Providence, RI 02906, educates the public about mental illness, and offers resources to provide support to all whose lives are touched by mental illness.
331-3060.....1-800-749-3197
www.namirhodeisland.org

MENTAL/BEHAVIORAL HEALTH PROGRAMS

The **Mental Health Association of Rhode Island**, 185 Dexter Street, Pawtucket, RI 02860, provides information and referral for mental health services and support groups.

726-2285.....www.mhari.org

The **National Suicide Prevention Lifeline**

1-800-273-TALK (8255).....www.suicidepreventionlifeline.org

The **National Suicide Prevention Lifeline** (Specifically for U.S. Veterans)

800-273-TALK (8255), X 1.....www.suicidepreventionlifeline.org

The **Samaritans of Rhode Island** help people who are at risk of suicide.

272-4044.....1-800-365-4044.....www.samaritansri.org

These hospitals have geriatric psychiatric units and mental health services, specifically for seniors:

The **Butler Hospital Senior Treatment Unit**: 345 Blackstone Boulevard, Providence, RI 02906

455-6356.....www.butler.org

Our Lady of Fatima Hospital Geriatric Psychiatric Unit: 200 High Service Avenue, North Providence, RI 02904.

456-3060.....www.fatimahospital.com

MENTAL/BEHAVIORAL HEALTH PROGRAMS

Roger Williams Medical Center Geriatric

Psychiatric Unit: 825 Chalkstone Avenue, Providence, RI 02908

456-2363.....www.rwmc.org

The **Rhode Island Council of Community Mental Health Organizations**, 40 Sharpe Drive, Unit 3, Cranston, RI 02920, assists individuals seeking information and referral about treatment. Member organizations offer a wide variety of mental health and substance abuse treatments, including emergency services.

228-7990.....www.riccmho.org

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals** is committed to ensuring access to quality services and supports for Rhode Islanders with developmental disabilities, mental health and substance abuse issues, and chronic long- term medical and psychiatric conditions; and to erase the stigma attached to these disabilities.

Developmental Disabilities.....462-3234

Mental Health.....462-3291

Substance Abuse.....462-4680

Eleanor Slater Hospital

111 Howard Avenue, Cranston, RI 02920

462-3085

Zambarano Hospital

2090 Wallum Lake, Burrillville, RI 02859

567-5400

www.bhddh.ri.gov

MENTAL/BEHAVIORAL HEALTH PROGRAMS

The **Rhode Island Office of the Mental Health Advocate**, 57 Howard Avenue, Cranston, RI 02920, is an independent state agency that provides free legal, investigative, and advocacy services to individuals to prevent inappropriate admissions to psychiatric facilities, and to protect the rights of persons in mental health and inpatient substance abuse treatment.

462-2003.....1-800-346-2282.....462-6018
(TTY)

www.bdddh.ri.gov

PENSION ASSISTANCE PROGRAMS

For many seniors, pensions are a significant part of their retirement income. Pensions, Social Security benefits, savings, and investments all contribute to financial security in the post-employment world. With the shifting of pensions from defined benefits to 401 (k), 403 (b), and other plans, company mergers, business bankruptcies, and the introduction of hybrid pension plans, it can be difficult to determine if you are entitled to a benefit, what that benefit actually is, and how to apply for benefits. The **New England Pension Assistance Project (NEPAP)**, affiliated with the Gerontology Institute at the University of Massachusetts in Boston, offers free pension counseling services to Rhode Islanders to help them find lost pensions, correct pension errors, and answer questions about pension laws. The service can include tracing pension benefits from companies that have been merged or have gone bankrupt, researching and filing for spousal or survival benefits, and answering pension eligibility questions.

1-888-425-6550.....www.pensionhelp.org

PHYSICIAN REFERRAL

The **Rhode Island Medical Society**, 235 Promenade Street, Suite 500, Providence, RI 02908, provides information to persons looking for a physician.

331-3207.....www.rimed.org

The **Rhode Island Family Health Care Guide** provides information on healthcare issues, such as child immunizations, nutrition and wellness, health insurance, women's health, and also information on the state's network of hospitals.

www.rifamilyguide.com

Several of the state's hospitals also have physician referral services. Contact the hospital of your choice to inquire about these services.

PUBLIC INFORMATION

The **Rhode Island Division of Elderly Affairs** sponsors these public information and awareness programs and publications:

The **Rhode Island Guide to Medicare Supplement and Medicare Advantage Plans** provides an overall view of health insurance options that help pay for expenses that Medicare does not cover.

The **Medicaid and Nursing Home Care** guide is a summary of the state program that helps to pay for expenses in a long-term-care facility.

The **Taking Charge** column, published in the *Thrive* section of the *Providence Journal*, answers questions from readers about senior issues.

The **Senior Journal**, produced by volunteers and sponsored by the Division of Elderly Affairs, is a cable television program that explores the issues of growing older and the challenges faced by adults with disabilities. The **Senior Journal** is aired on Sundays at 5:00 p.m., Mondays at 7:00 p.m., and Tuesdays at 11:30 a.m. over statewide interconnect cable channel 13 and Verizon channel 32.

For additional information about DEA public information programs, call 462-0509, or go to www.dea.ri.gov

RESPITE CARE PROGRAMS

Respite is planned or emergency care that provides temporary relief to family caregivers of person 60 or older. The **CareBreaks Program** assists caregivers taking care of family members age 60 and older. Some volunteers may be available. If needed, **CareBreaks** may also help to pay part of the cost for **respite** provided by approved agencies. For information, contact the Diocese of Providence, One Cathedral Square, Providence, RI 02903.

421-7833.....www.dioceseofprovidence.org

The **Rhode Island TimeBank Initiative** works with partners across the state to build support networks of individuals, children, youth, families, and communities across the state. For every hour that a person assists an individual or group, he/she earns a Time Dollar. They can then use that Time Dollar to receive an hour of a neighbor's time or engage in a group activity offered by a neighbor. For more information, contact:

The **Rhode Island Parent Support Network**, 1395 Atwood Avenue, Suite114, Johnston, RI 02919

467-6855.....www.psnri.org

SENIOR CENTERS

Senior centers offer volunteer opportunities, recreation, group activities, counseling, information and referral, continuing education, and other support services for seniors. Most provide hot lunches, outreach, transportation, and health services.

Barrington Senior Center

281 County Road 02806.....247-1926

Bristol: Benjamin Church Center

1020 Hope Street 02809.....253-8458

Charlestown Senior Center

100 Park Lane 02813.....364-9955

Coventry Senior Center

50 Wood Street 02816.....822-9175

Cranston Senior Center

1070 Cranston Street 02920.....780-6000

Cumberland Senior Center

1464 Diamond Hill Road 02864.....334-2555

East Greenwich Senior Services

121 Peirce Street 02818.....886-8669

East Providence Senior Center

610 Waterman Avenue 02914.....435-7800

Foster Senior Services

181 Howard Hill Road 02825.....392-9200

Glocester Senior Center

1210 Putnam Pike 02814.....567-4557

Hopkinton Senior Center

188 Main Street, Crandall House, Ashaway 02804.....377-7795

Jamestown Senior Center

6 West Street 02835.....423-2658

Johnston Senior Center

1291 Hartford Avenue 02919.....944-3343

SENIOR CENTERS

Lincoln Senior Center

150 Jenckes Hill Road 02865.....753-7000

Middletown Senior Center

650 Green End Avenue 02842.....849-8823

Narragansett Senior Center

53 Mumford Road 02882.....782-0675

Newport:

Edward King House

35 King Street 02840.....846-7426

Park Holm Senior Center

One Eisenhower Road 02840.....846-3887

Martin Luther King Center

20 Dr. Marcus Wheatland Boulevard 02840.....846-4828

North Kingstown Senior Center

44 Beach Street 02852.....268-1590

North Providence:

Salvatore Mancini Center

2 Atlantic Boulevard 02911.....231-0742

Pawtucket:

Leon Mathieu Senior Center

420 Main Street 02860.....728-7582

Portsmouth Senior Center

110 Bristol Ferry Road 02871.....683-4106

Providence:

Capital City Senior Programs:

Lillian Feinstein Center

1085 Chalkstone Ave 02908.....455-3888

DaVinci Center for Community Progress

470 Charles Street 02904.....272-7474

Federal Hill Community Center

9 Courtland Street 02909.....421-4722

SENIOR CENTERS

Providence:

Fox Point Senior Center

90 Ives Street 02906.....751-2217

Hamilton House

276 Angell Street 02906.....831-1800

Hartford Park Senior Center

355 Hartford Avenue 02909.....521-1180

Jewish Community Center

401 Elmgrove Avenue 02906.....861-8800

Nickerson House Senior Center

133 Delaine Street 02909.....351-2241

Silver Lake Center

529 Plainfield Street 02909.....944-8300 (V/TTY)

Note: Deaf/hearing-impaired seniors meet Tuesdays

from 9:00 a.m. to 3:00 p.m.

St. Martin dePorres Center

160 Cranston Street 02907.....274-6783

Washington Park Center

42 Jillson Street 02905.....461-6650

West End Community Center

109 Bucklin Street 02907.....781-4242

Richmond Adult Center

1168 Main Street 02898.....539-6144

Scituate Senior Center

1315 Chopmist Hill Road 02857.....647-2662

Smithfield Senior Center

One William J. Hawkins Trail 02828.....949-4590

South Kingstown:

The Center

25 St. Dominic Road 02879.....789-0268

SENIOR CENTERS

Tiverton Senior Center

207 Canonicus Road 02878.....625-6790

Warren Senior Center

20 Libby Lane 02885.....247-1930

Warwick:

JONAH Community Center

830 Oakland

Beach Avenue 02889.....739-1305

Pilgrim Senior Center

27 Pilgrim Parkway 02888.....468-4090

West Warwick Senior Center

145 Washington Street 02893.....822-4450

Westerly Senior Center

39 State Street 02891.....596-2404

Woonsocket Senior Center

84 Social Street 02895.....766-3734

Senior Center Month is observed each year in September. The celebration recognizes these community centers for their vital role in assisting and supporting seniors, adults with disabilities, families, and caregivers, by helping them access programs and services that preserve their independence and maintain their dignity. Call your local senior center to find out about **Senior Center Month** events.

SENIOR COMPANION PROGRAM

The **Senior Companion Program (SCP)** trains volunteers to serve isolated older adults in their own homes, adult day centers, and other community sites. Volunteers must be 55 or older and must meet specified income limits. Volunteers receive a tax-free stipend and other benefits while serving clients an average of 20 hours weekly. **Senior Companions** visit with almost 500 elders weekly. Over the course of more than 30 years of service to Rhode Island's elders, volunteers have dedicated more than one million hours of friendship, compassion, and one-to-one human contact to those in need of a helping hand, socialization, and companionship.

462-0569.....462-0740(TTY).....www.dea.ri.gov

SENIOR/DISABILITY EMPLOYMENT PROGRAMS

A New Leaf Florist Shop, 135 Gano Street, Providence, RI 02906, is a nonprofit agency providing employment and job training to people with psychiatric disabilities.

351-4330.....www.anewleaf Florist.org

Goodwill Industries of Rhode Island, 100 Houghton Street, Providence, RI 02904, is a comprehensive education and employment center serving the needs of persons with disabilities and other barriers to employment. Services include vocational evaluations, computer training, job development and placement, and job coaching services.

861-2080.....331-2830 (TTY).....www.goodwillri.org

The **Office of Rehabilitation Services-Vocational Rehabilitation**, 40 Fountain Street, Providence, RI 02903, helps individuals with disabilities to choose, prepare for, obtain, and maintain employment.

421-7005.....www.ors.ri.gov

Rhodes to Independence, 14 Harrington Road, Building #52, Cranston, RI 02920, supports and assists persons with disabilities to secure and maintain employment.

462-6163.....www.riddc.org

SENIOR/DISABILITY EMPLOYMENT PROGRAMS

Service, Employment and Redevelopment (SER), 100 East Avenue, Pawtucket, RI 02860, focuses on the training and employment needs of the mature worker. **SER** is funded by the U.S. Department of Labor to operate the Senior Community Service Employment Program (SCSEP) in Rhode Island. SCSEP participants come from all walks of life, have diverse work experiences, and possess various levels of education. **SER** partners with local host agencies to provide participants with training opportunities to update their skills. **SER** works to place program participants into permanent, unsubsidized, and productive employment.

724-1820.....www.ser-national.org

SENIOR HEALTH INSURANCE PROGRAM (SHIP)

The **Rhode Island Senior Health Insurance Program (SHIP)** is part of a national partnership to help consumers make informed health care choices. **SHIP** volunteers provide one-to-one, unbiased counseling to seniors, adults with disabilities, families, and caregivers. The program is designed to help seniors and adults with disabilities understand health care cost and coverage. **SHIP** counselors can discuss Medicare, Medicare Part D, supplemental insurance, Medicare Advantage plans, and other health insurance options. **SHIP** counselors assist beneficiaries in making the most appropriate choice for their health care needs.

For a complete listing of SHIP agencies, please refer to **POINT Network** section in this guide.

462-0510.....462-0740 (TTY).....www.dea.ri.gov

SENIOR MEDICARE PATROL PROGRAM (SMP)

The **Rhode Island Senior Medicare Patrol (SMP)** program helps beneficiaries recognize and report Medicare and Medicaid fraud, waste, and abuse. Medicare and Medicaid fraud, waste, and abuse consists of such actions as incorrectly reporting a diagnosis, procedure, treatment, or medication to get a higher payment, billing for individual mental health services when group counseling was provided, billing for brand name prescriptions when generic medications were dispensed, using another person's Medicare or Medicaid card to get services, or double-billing Medicare, Medicaid, and a private insurance carrier for the same service. For a complete listing of SMP agencies, please refer to POINT Network section in this guide.

462-0931.....462-0740 (TTY).....www.dea.ri.gov

SOCIAL SECURITY

The **Social Security Administration** is the primary source of information for Social Security, Supplemental Security Income (SSI), and Medicare enrollment. These offices accept walk-ins for applying for **Social Security**, Supplemental Security Income (SSI), and provides Medicare information, and Medicare enrollment services. You can call ahead for an appointment, which will reduce your wait time in the office. Many **Social Security** services can now be accessed online at www.ssa.gov by creating a personalized **My Social Security** account. With the **My Social Security** account, you can enroll in **Social Security** and Medicare, apply for Supplemental Security Income (SSI), Social Security Disability (SSDI) benefits, check your application status, apply for the Low-Income Subsidy (LIS-Extra Help) benefit for your Medicare Prescription Drug (Medicare Part D) plan, review your **Social Security** earnings record, estimate your benefit, or appeal a decision. **Social Security** benefits are paid by electronic transfer. You can designate a bank or credit union for direct deposit, or you can switch to a **Social Security**-designated pre-paid debit card.

1-800-772-1213.....1-800-325-0778 (TTY).....www.ssa.gov

You can also contact these local Social Security offices:

Newport: 130 Bellevue Avenue, Newport, RI 02840

1-866-253-5607

Pawtucket: 4 Pleasant Street, Pawtucket, RI 02860

1-866-931-7079

Providence: 380 Westminster Street, Providence, RI 02903

1-877-402-0808

SOCIAL SECURITY

Social Security Offices:

Warwick: 30 Quaker Lane, Warwick, RI 02886

1-866-964-2038

Woonsocket: 2168 Diamond Hill Road, Woonsocket, RI 02895

1-877-229-3542

Applications for **Social Security Disability Income (SSDI)** are taken at the Rhode Island Office of Rehabilitation Services, 40 Fountain Street, Providence, RI 02903. The agency administers the Disability Determination Services program for the Social Security Administration, and determines medical eligibility of individuals with disabilities applying for cash benefits.

421-7005.....421-7106

(TTY).....www.ors.ri.gov

SOCIAL SECURITY

Supplemental Security Income (SSI) provides cash payments to qualified persons 65 and older, blind, or adults with disabilities. **SSI** recipients are eligible for medical assistance, homemaker, and other services, such as hearing aids, discounts on telephone and electric bills, and the assistance of a social worker. Apply for **SSI** at your local **Social Security** office, as listed in this guide.

Current **SSI** income and resource limits:

In own household:

\$721/month (S).....\$1,082/month (M)

In another person's household:

\$481/month (S).....\$721/month (M)

Assisted Living:.....\$1,053/month

Resources:

\$2,000 (S).....\$3,000 (M)

Face value/Life insurance:

\$1,500/person

1-800-772-1213.....1-800-325-0778

(TTY).....www.ssa.gov

TAX ASSISTANCE

Many Rhode Island cities and towns may offer property tax abatements to residents who meet certain requirements. Call your city or town hall.

For information regarding federal taxes, contact the **Internal Revenue Service**, 380 Westminster Street, Providence, RI 02903.

1-800-829-1040 (Voice/TTY).

Forms: 1-800-829-3676.....www.irs.gov

The **Rhode Island Property Tax Relief Program (Form RI1040H)** must be filed with the Division of Taxation between January 1 and April 15. State resident homeowners and renters, who live in a dwelling that is subject to property tax, may qualify for a rebate of up to \$300 if their annual household income does not exceed \$30,000.

For information regarding state taxes, contact the **Rhode Island Division of Taxation**, One Capitol Hill, Providence, RI 02908.

574-8829

Forms: 574-8970.....www.tax.state.ri.us

TRANSPORTATION PROGRAMS

The **Rhode Island Public Transportation Authority (RIPTA)**, 269 Melrose Street, Providence, RI 02907, offers low-income persons with a disability, or age 65 and older, the opportunity to ride free of charge on a RIPTA bus with a RIPTA No Fare Bus Pass. All other persons age 65 and older, or persons with a disability, pay full fare from 7:00 to 9:00 a.m. and from 3:00 to 6:00 p.m. on weekdays, and pay half-price at all other times, with the presentation of a RIPTA Senior/Disabled Pass, or a Medicare ID card.

784-9500, X 604.....www.ripta.com

Under the Americans with Disabilities Act, Rhode Islanders of any age who have a disability may be eligible for the **Americans with Disabilities Act (ADA) Paratransit Services**. The program provides transportation service if disability(s) prevents the individual from using regular Rhode Island Public Transit Authority (RIPTA) bus service. Service is provided along existing RIPTA routes at a fare of \$4 per each one-way trip.

461-9670.....711

(Relay RI).....www.ripta.com

Friends in Service to Humanity (FISH) is a local organization that provides rides for dental, medical, and social service appointments for residents of Exeter and North Kingstown.

295-1121.....www.northkingstown.org

Southern Rhode Island Volunteers, 25 St. Dominic Road, Wakefield, RI 02879, provides transportation for medical, dental, and therapy appointments, among other services.

789-2362.....www.southernrivol.org

TRANSPORTATION PROGRAMS

LogistiCare coordinates specialized transportation services for Rhode Islanders age 60 and older and adults with disabilities. Transportation is available for general medical appointments, special medical appointments (kidney dialysis, cancer treatment, wound care), adult day services, the senior Café meals program, and for INSIGHT clients and programs. There is a \$2 fee per ride. Medicaid recipients pay the \$2 fee per ride only for transportation to the Café programs. Transportation to the Cafés is provided between hours of 10:00 a.m. to 2:00 p.m. Reservations are required 48 hours in advance by calling **LogistiCare**, Monday through Friday, from 9:00 a.m. to 5:00 p.m.

1-855-330-9131.....1-866-288-3133 (TTY)

LogistiCare also coordinates non-emergency transportation for Medicaid recipients who have no other means of medical transportation, or who have no other resource such as family, friends, bus passes, etc., and transportation by any other means would endanger the individual's health and/or safety. Non-emergency transportation is covered when an individual has Medicaid and is receiving a Medicaid-covered service from an authorized provider. Reservations are required at least two (2) days in advance of the appointment.

1-855-330-9131.....1-866-288-3133 (TTY)

NOTE: Some cities and towns offer senior transportation for non-medical destinations, such as the grocery store, or other locations. Call your local senior center, or city or town hall.

TRI-CARE HEALTH INSURANCE

TRICARE is the health care program for active, National Guard and reserve service men and women, and their families. **TRICARE** is a major part of the Military Health System that combines the resources of military hospitals and clinics with civilian health care networks, provides access to high-quality health care, and supports military operations. **TRICARE for Life** offers secondary coverage to Medicare for all **TRICARE** beneficiaries who have both Medicare Parts A and B. **TRICARE** offers several plan options and special programs for our service members and their families. **TRICARE** is managed by the Defense Health Agency (DHA) under leadership of the Assistant Secretary of Defense (Health Affairs).

TRICARE NORTH REGION BENEFICIARY SERVICES:

Health Net Federal Services, Inc.

Monday to Friday from 8:00 a.m. to 7:00 p.m.

1-877-TRICARE.....(1-877-874-2273)

VETERANS PROGRAMS

The **Rhode Island Division of Veterans Affairs**, 480 Metacom Avenue, Bristol, RI 02809, provides many services for Rhode Island veterans and their families. These services include:

- Benefits counseling.
- Referral to community support services.
- Services for homeless veterans.
- Burial services at the Rhode Island Veterans Cemetery in Exeter.

268-3088.....www.dhs.ri.gov

The **Middletown Community Based Outpatient Clinic**, One Corporate Place, Middletown, RI 02842, provides comprehensive primary healthcare to veterans residing in Newport, Bristol, and Washington counties.

847-6239.....www.providence.va.gov

Operation Stand Down Rhode Island, 1010 Hartford Avenue, Johnston, RI 02919, serves homeless and disabled veterans. Assistance includes social services, counseling, and emergency and permanent housing.

383-4730.....www.osdri.org

Order of the Purple Heart Service Officer, 380 Westminster Street, VARO-Room 205, Providence, RI 02903.

223-3731

VETERANS PROGRAMS

The **Providence Regional Office of the Veterans Benefits Administration**, 380 Westminster Street, Providence, RI 02903, is responsible for the management of most non-medical benefits provided by the Veterans Benefits Administration, including compensation, pensions, vocational rehabilitation, and counseling. The office coordinates the local benefit activities associated with education, home loan guarantees, and veterans' life insurance.

1-800-827-1000.....www.va.gov

The **Providence Veterans Administration Medical Center**, 830 Chalkstone Avenue, Providence, RI 02908, is dedicated to providing comprehensive outpatient and inpatient healthcare to veterans residing in Rhode Island and southeastern Massachusetts.

273-7100.....1-866-363-4486.....www.providence.va.gov

The **Rhode Island Veterans Home**, 480 Metacom Avenue, Bristol, RI 02809, provides quality nursing and residential care to Rhode Island war veterans in need. Social, medical, nursing, and rehabilitative services are also provided to veterans, their survivors, and/or dependents.

253-8000.....245-8495.....www.dhs.ri.gov

VETERANS PROGRAMS

The local office of the **U.S. Department of Veterans Affairs**, 2038 Post Road, Warwick, RI 02889, offers information on wellness programs, health care services, hospitalization, substance abuse and addiction treatment, and other support programs. The Center also provides readjustment counseling and outreach services to all veterans who served in a combat zone. Bereavement counseling and counseling for harassment is available. Family members and/or significant others are eligible for support regarding military-related issues. There is no cost to the veteran or family for these services. The office also hosts the Center for Women Veterans, the Homeless Assistance Program, and other initiatives, to improve the quality of life for those who have served in the armed forces.

739-0167.....www.va.gov

The **Veterans Resource and Recovery Center**, 830 Chalkstone Avenue, Providence, RI 02908, provides vocational and supportive services for veterans with barriers to employment and/or with a disability.

273-7100, X 3413.....www.providence.va.gov

VOLUNTEER PROGRAMS

Foster Grandparent Program of Rhode Island volunteers serve special needs children statewide in residential and community settings, such as schools, day care centers, and hospitals.

East Bay Foster Grandparent Program, 610 Waterman Avenue,
East Providence, RI 02915.

435-7876.....www.eastbayrsvp.org

Foster Grandparent Program of Rhode Island, 145 Washington
Street, West Warwick, RI 02893.

822-4450.....www.westwarwickri.org

Providence Foster Grandparent Program, 9 Courtland Street,
Providence, RI 02909.

421-1095.....www.federalhillhouse.org

The **Neighborhood Friendly Visitor Program**, One Cathedral Square, Providence, RI 02903, provides companionship and friendly support to homebound elderly persons across the state. Volunteers visit to read, write letters, and to chat with people who are homebound and are in need of social contact. The program welcomes seniors who wish to volunteer their time for a few hours each week. Homebound seniors may also call to find out about connecting with a visitor.

421-7833.....www.dioceseofprovidence.org

VOLUNTEER PROGRAMS

The **Retired Senior Volunteer Program (RSVP)** provides opportunities for persons 55 years and older to utilize their enthusiasm, skills, and experience in a volunteer capacity. For information, call these agencies:

Blackstone Valley RSVP: 32 Goff Avenue, Pawtucket, RI 02860
723-4520, X 275.....www.bvcap.org

Capitol Region RSVP: 9 Courtland Street, Providence, RI 02909
421-1095.....www.capitolregionrsvp.org

Cranston RSVP: 1070 Cranston Street,
Cranston, RI 02920
780-6180.....www.cranstonri.com

East Bay RSVP: 610 Waterman Avenue, East Providence, RI 02915
435-7876.....www.eastbayrsvp.org

Westbay RSVP: 224 Buttonwoods Avenue, Warwick, RI 02886
732-4660, X 1.....www.westbaycap.org

RSVP of Northern Rhode Island: 300 Cumberland Street, Suite 300,
Woonsocket, RI 02895.....766-2300

VOLUNTEER PROGRAMS

SCORE Counselors to America's Small Businesses 380 Westminster Street, Providence, RI 02903, is a non-profit organization of active and retired business executives that offers free, confidential advice for persons who are starting or operating a small business.
528-4561.....www.score.org

Serve Rhode Island, 655 Broad Street, Providence, RI 02907, encourages volunteerism as a vital role in the citizenship and service that enhances the quality of life for individuals who need support to maintain their independence.
331-
2298.....www.serverhodeisland.org

The **Southern Rhode Island Volunteers**, 25 St. Dominic Road, Wakefield, RI 02879, provides transportation and other services to seniors who need community support.
789-
2362.....www.southernrivol.org

WEB SITES-QUICK REFERENCE

Medicare: www.medicare.gov

RI Department of Behavioral Healthcare Developmental Disabilities and Hospitals

www.bhddh.ri.gov

RI Department of Human Services: www.dhs.ri.gov

RI Division of Elderly Affairs: www.dea.ri.gov

RI Department of Health: www.health.ri.gov

Rhode Island Housing: www.rhodeislandhousing.org

RI Public Transit Authority (RIPTA): www.ripta.com

Social Security: www.ssa.gov

United Way/2-1-1 of Rhode Island: www.uwri.org

Veterans Administration: www.va.gov

2015-2016 POCKET MANUAL: THE RHODE ISLAND GUIDE TO SERVICES FOR SENIORS AND ADULTS WITH DISABILITIES

The **2015-2016 Pocket Manual-The Rhode Island Guide to Services for Seniors and Adults with Disabilities**, is published by the Rhode Island Division of Elderly Affairs (DEA), with funding in whole, or in part, from the Administration for Community Living, Administration on Aging. DEA is solely responsible for its content. The information published in this guide is accurate as of September 1, 2015. Verify income and resource limits, if applicable, with the appropriate agency.

Corrections can be made in writing to:

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RI Division of Elderly Affairs

57 Howard Avenue, Louis Pasteur Building-2nd Floor

Cranston, RI 02920

Corrections can also be submitted by FAX to 462-0503, or by e-mail to Meghan.Connelly@dea.ri.gov.

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